

Residential seminars, focusing on self-knowledge and Krishnamurti

- **17 and 18 November:** *To ACT or NOT to ACT?* Dialogues on self-knowledge by Laurent Brunet
- **24 and 25 November:** *Living without ego* « carte blanche » to Dominique Schmidt Descriptive brochure and contents of the approaches attached.

Laurent Brunet and Dominique Schmidt who have both centred their lives around the quest for self-knowledge would like to share their insights during a weekend of open discussions on self-discovery and understanding the mechanisms of the ego.

Only through a listening which is not based on the background of the 'me' will allow each one of us to be able to explore effortlessly the many facets of consciousness together.

Learn more about the meeting and stakeholders

The spirit of these meetings

NO CHARGE - FREE.

Considering that we do not have the same financial resources, it will be up to each individual to know if they can contribute or not.

Any financial contributions will be used to pay the speakers and also to support the [photo exhibition on Krishnamurti in Rohan](#). There is a [small spontaneous film](#) that was made by people passing the site, which testifies to the impact of this exhibition. A guestbook was also left at the site, and there are a many comments. Click on the links above to find more photos.

Details of planning and organisation.

Arrival on Friday from 17:00, departure on Sunday from 17:00 (it is possible to stay for longer). The meetings will begin on Saturday from 10:00. More information will follow on the content and details from the speakers.

Free accommodation is offered at Villa Tranquility: Shared rooms for around 15 people. These will fill up quickly, so reserve as soon as possible.

Perhaps local participants can offer accommodation in their home: please let me know if you are able to offer this

There is also local rented accommodation: From € 20 to € 70 per person per night depending on the room or cottage (individual or shared)

Diner will be prepared and shared together and participation is FREE. Lunch: no meal planned, you can bring a sandwich or use local restaurants.

Transport

Carpooling could be a possibility, let me know if you can help with this. BLABLACAR carpool, <https://www.blablacar.fr>

[OUIGO.COM](https://www.ouigo.com) offers tickets at 10 €, <https://www.ouigo.com>.

Registration / reservation:

Agnès Duraffour T. 06 76 10 12 49

(I respond more quickly to an SMS!)

Hoping to see you soon

Agnès DURAFFOUR